

18th Annual Child Welfare Conference

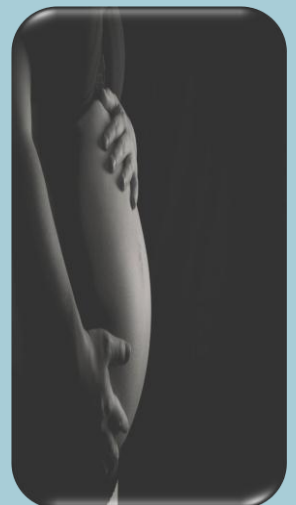
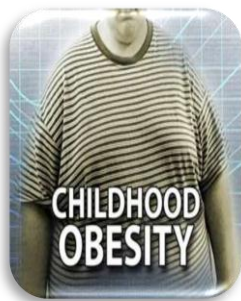
June 13, 2012

University of Maine, Wells Conference Center
8:00 AM – 4:30 PM

2012

HOT TOPICS IN CHILD WELFARE

- ❖ THE TRAUMA AFFECTED BRAIN
- ❖ PERINATAL DRUG ABUSE
- ❖ ETHICS
- ❖ TRAUMA INFORMED CHILD WELFARE PRACTICE
- ❖ POVERTY AND ITS IMPACT ON BRAIN DEVELOPMENT
- ❖ SUPERVISION
- ❖ CHILDHOOD OBESITY



Supported By: Bangor Police Department, Casey Family Services, Department of Health & Human Services, Eastern Maine Medical Center, National Coalition to End Child Abuse Deaths, Penobscot Community Health Care, and Wings for Children & Families



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CASEY FAMILY SERVICES

2012 Conference Agenda

8:00 - 8:45	Registration
8:45 - 9:00	Introductions
9:00 - 10:00	Keynote: "Learning from Trauma Narratives: A Qualitative Examination of Psychological, Neurobiological, & Developmental Derailment". Daniel Johnson, Ph.D.
10:00 - 10:15	Break
10:15 - 11:45	Breakouts a. Supervision with the Brain in Mind: Helping Social Workers Move from Reactivity to Planfulness in Dealing with Crises. Candace Saunders, LICSW b. Maine Childhood Obesity: Defined, Treatment Goals and Community Involvement. Valerie O'Hara, DO, FAAP, Diana L. Prescott, Ph.D., & Starr Johnston, RN c. Potential Brain and Behavioral Effects of Prenatal Alcohol Exposure. Paula Lockhart, MD
11:45-1:00	Lunch (Will be provided)
1:00 - 2:30	Breakouts a. Ethical Considerations in the Decision to Team or Not to Team. Candace Saunders, LICSW b. Perinatal Substance Abuse: Providing Compassionate and Competent Care. Mark Moran, LCSW c. Poverty: Its Impact and Legacy on Children's Lives. Marjorie Withers, LCPC
2:30 - 2:45	Break
2:45 - 4:00	Plenary: Trauma Informed Child Protective Practice: A Model of Collaboration to Increase Contained States of Thoughtfulness in Our Clients and Ourselves. Candace Saunders, LICSW
4:00 - 4:30	Closing Remarks

CERTIFICATES FOR CONTACT HOURS & FORMS REQUIRED TO RECEIVE CEU'S WILL BE AVAILABLE AT THE CONCLUSION OF THE CONFERENCE. COST IS NOT INCLUDED IN THE CONFERENCE FEE. NURSING, PSYCHOLOGISTS CEUs HAVE BEEN APPLIED FOR. EASTERN MAINE MEDICAL CENTER IS AN APPROVED PROVIDER OF CONTINUING NURSING EDUCATION BY ANA-MAINE, AN ACCREDITED APPROVER BY THE AMERICAN NURSES CREDENTIALING CENTER'S COMMISSION ON ACCREDITATION

2012 HOT TOPICS IN CHILD WELFARE

Attendees should print handouts/reference materials prior to arriving at the conference, as they WILL NOT be available for distribution in hard copy at the conference.

Reference materials will be available on the wingsinc.org website by June 10, 2012

Please email any questions relating to the conference to: childwelfareconference@gmail.com

Keynote: "Learning from Trauma Narratives: A Qualitative Examination of Psychological, Neurobiological, & Developmental Derailment". *Daniel Johnson, PhD.*

1) Participants will be able to describe at least three ways healthy development can be derailed through traumatic exposure.

2) Participants will be able to discuss the difference between resilience and malleability in terms of children exposed to traumatic experiences.

3) Participants will be able to identify two to three key descriptive factors in hyper arousal and in dissociation for children.

Morning Breakouts:

a. Supervision with the Brain in Mind: Helping Social Workers Move from Reactivity to Planfulness in Dealing with Crises. *Candace Saunders, LICSW*

Our brains naturally drive us to act quickly in response to feelings activated by crises. The more reactive we are, the less we have access to our most complex thinking. This workshop will provide supervisory strategies to identify, empathize with, and reduce social workers' understandable reactivity to crises. It will provide ways to help practitioners reconnect with their highest capacities to focus on and make plans that engage their client's and their own strengths.

b. Maine Childhood Obesity: Defined, Treatment Goals and Community Involvement: *Valerie O'Hara, DO, FAAP, Diana L. Prescott, Ph.D., & Starr Johnston, RN*

The objective is to review Pediatric Obesity, etiology and statistics both National and Statewide. We will review what our State is currently doing to address the epidemic of pediatric obesity as well as the mission of the WOW Program. We will review the recent issue of DHHS involvement and the rarity of that need.

c. Potential Brain and Behavioral Effects of Prenatal Alcohol Exposure: *Paula Lockhart, MD*

Alcohol is a highly toxic substance when exposed to the developing central nervous system. This presentation will describe how brain and behavior are possibly affected when women drink alcohol during pregnancy. Participants will understand the potential neurobehavioral sequelae of prenatal alcohol exposure. They will leave with a basic knowledge of the different fetal alcohol spectrum disorders and have a broader appreciation of the reasons that women who are planning to get pregnant or who are already pregnant should not drink any alcohol during pregnancy.

Afternoon Breakouts:

a. Ethical Considerations in the Decision to Team or Not to Team. *Candace Saunders, LICSW*

There are few professions in which decisions made by its members have more impact on the future lives for their clients than in the profession of child welfare. Few social workers face a greater complexity of issues to consider in making their decisions than do child protective social workers. This workshop addresses the important ethical considerations of the practice of teaming for social workers that are committed to the most effective child protective decision-making possible. It engages social workers in considering its benefits for clients, and as importantly, its benefits for social workers, including a reduction in secondary traumatic stress.

b. Perinatal Substance Abuse: Providing Compassionate and Competent Care: Mark Moran, LCSW

Pregnant women who are substance abusing or in early recovery present a critical opportunity for positive and effective intervention. This workshop will address the neurological, psychological, and developmental underpinnings of addiction, approaches to addiction treatment with emphasis on addiction as a chronic disease, and common experiences of perinatal substance abusing women and their families. The workshop will conclude by providing participants with simple methods of effectively engaging these women and their families during the perinatal period while supporting their entry into or successful continuation of their recovery process.

c. Poverty: Its Impact and Legacy on Children's Lives: Marjorie Withers, LCPC

Participants will learn about the impact of poverty on health and mental health of infants and children. They will also learn about the results of increased trauma exposure in children's lives as it relates to poverty and how it potentially affects the future.

Plenary: Trauma Informed Child Protective Practice: A Model of Collaboration to Increase Contained States of Thoughtfulness in Our Clients and Ourselves. *Candace Saunders, LICSW*

The current behaviors of many child welfare clients have evolved as natural adaptations to repeatedly having had to survive overwhelming, traumatic experiences, alone. When child protective social workers collaborate with others to help clients deactivate their stress response systems, they carry enormous power in helping clients change their brains and their patterns of adaptive reactivity. In this presentation social workers learn a "Model of Relational Containment" to assist clients to deactivate and track their defensive stress responses and to harness strengths that can shape new expectations of their futures.

Speakers

Daniel Johnson, Ph.D.

Dr. Johnson is the Director of Educational Services at Acadia Hospital in Bangor, ME, where he has been employed since 1993. A graduate of Amherst College, Dr. Johnson has earned a Master's Degree in Education from Smith College, a Certificate of Advanced Study in Counseling from the University of Maine, and a Doctorate in Counselor Education from the University of Maine. Dr. Johnson is an adjunct faculty member in the University of Maine Counselor Education program, the Smith College School of Social Work, and the Husson University Graduate Counseling Program. He is a member of both the Acadia Hospital and Eastern Maine Medical Center Ethics Committees, as well as the EMMC Neonatal Abstinence Syndrome workgroup. Dr. Johnson has extensive experience working with patients who have experienced significant trauma over the lifespan.

Marjorie Withers, LCPC

Marjorie Withers, LCPC, is the director and co-founder of the Community Caring Collaborative, a network of tribal, state and community agencies and members creating a holistic and strength based system of care for infants, young children and their families. A mental health professional for over 32 years, Marjorie's passion is working with families of infants and young children through strength based, culturally competent systems of care to increase wellness and reduce risk factors specifically in rural areas and tribal communities. She has worked with infants while developing programming at Duke University Medical Center, has created mental health and substance abuse programs in host agencies across 4 northeast states and within tribal communities, and has worked as a therapist, consultant and program designer for the past 26 years in Maine on systems of care.

Valerie O'Hara, DO, FAAP

Valerie O'Hara, DO, FAAP is a graduate of the University of New England College of Medicine and completed her pediatric residency at Barbara Bush Children's Hospital in Portland, Maine. After several years of providing primary pediatric care in Northern Maine, she joined Husson Pediatrics in Bangor, Maine. Dr. O'Hara has been the director of Eastern Maine Medical Center's Way to Optimal Weight program since 2009.

Diana L. Prescott, Ph.D.

Dr. Prescott completed her B.A. in Psychology and Spanish at Butler University in Indianapolis, Indiana. After completing her bachelor's degree, she completed an MA and PhD in psychology at the University of Nebraska-Lincoln. She was trained under an NIMH grant in rural mental health, obtaining a major in clinical psychology and minors in developmental and community psychology. Dr. Prescott completed a predoctoral internship at the Indiana University School of Medicine. She has been employed at St. Mary's Medical Center in Evansville, Indiana and at The Acadia Hospital in Bangor, Maine and maintains a psychology license in both Indiana and Maine.

Dr. Prescott has recently developed a rural health consulting practice in a small town in Maine (Hampden Psychological Consultation, PLLC), evaluating and treating women and children. As part of this practice, she has helped develop the integrated behavioral health portion of Eastern Maine Medical Center's new pediatric obesity program, Way to Optimal Weight (WOW).

Starr Johnston, RN

Starr Johnston , RN, Nursing 19 years Pediatric Nursing: 1998-present includes Missouri- Rolla Children's Clinic, Hawaii- Haleiwa Health Care and Wahiawa General Hospital, Alaska- Anchorage Pediatric Group Anchorage Urgent Care Center, Child/Adolescent Psychiatric Nursing- 2004-2011 includes, Maine- Acadia Hospital, Pediatric Office Nurse: 2004- present, Maine: Husson Pediatrics WOW Program 2009- present, Involved with MYOC: 2006- completion, Patient Center Medical Home : 2011-present Logician (EMR) Committee : 2008- present.

Paula Lockhart, MD

Paula Lockhart, MD is a Child and Adolescent Psychiatrist at Penobscot Community Health Center in Bangor, Maine. She received her MD from Georgetown University School of Medicine in Washington DC and was Chief Resident in Child and Adolescent Psychiatry at Johns Hopkins Hospital in Baltimore, MD. She has experience working in private practice, school based, inpatient, and outpatient programs. Dr. Lockhart has lectured extensively both nationally and internationally on FASD. She has produced multiple publications on FAS/FASD, and has been the recipient of several grant awards to support her FAS/FASD related research.

Mark Moran, LCSW

Mark Moran, LCSW is the Family Service and Support Team Coordinator at Eastern Maine Medical Center. He is a former Child Protective Services caseworker and is a member of the Maine Child Death and Serious Injury Review Panel. Mark also participates in multiple statewide work groups and committees related to improving the care of substance abusing families and their children. He received both a Bachelors and Master's degree in Social Work from the University of Maine.

Candace Saunders, LICSW

Candace Saunders, LICSW is a clinical instructor at Simmons College School of Social Work and coordinates its Clinical Certificate Program in The Relational and Multi-Contextual Treatment of Psychological Trauma. She is a consultant and trainer in trauma informed practice for The Massachusetts Department of Children and Families and has a private practice in Newton, Massachusetts.

18th Annual Child Welfare Conference
Registration Deadline: June 3, 2012

To register go to: <http://www.wingsinc.org>

You may print this form and send it with your payment to:

Wings for Children & Families, Inc.

Attn.: Jenny Dow, LSW

900 Hammond St. Suite 915

Bangor, ME 04401

Ph: (207)941-2988 or (800)941-2988

Fax: (207)941-2989

Email: jdow@wingsinc.org

We will be accepting Purchase Orders -please contact Jenny for special billing arrangements.
No Credit Cards or Online payments

Checks should be made out to: *Wings for Children & Families Inc. Attn: CWC*

Registration cost: \$45.00 **No Refunds Available**

Please email any questions relating to the conference to: childwelfareconference@gmail.com

Name _____
Agency/Organization: _____
Address _____
Phone _____
Email _____

Morning Session: *(Circle one)*

- a. **Supervision with the Brain in Mind: Helping Social Workers Move from Reactivity to Planfulness in Dealing with Crises.** Candace Saunders, LICSW
- b. **Maine Childhood Obesity: Defined, Treatment Goals and Community Involvement.** Valerie O'Hara, DO, FAAP, Diana L. Prescott, Ph.D., & Starr Johnston, RN
- c. **Potential Brain and Behavioral Effects of Prenatal Alcohol Exposure.** Paula Lockhart, MD

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DIRECTIONS TO UNIVERSITY OF MAINE - ORONO TO CAMPUS FROM THE NORTH OR SOUTH:

Interstate Route 95 to Exit 193 - Stillwater Avenue. If traveling from the North, turn left onto Stillwater Avenue at the end of the ramp. If traveling from the South, turn right onto Stillwater Avenue at the end of the ramp.

At the fourth traffic light, just before Kentucky Fried Chicken and McDonalds, turn right onto College Avenue.

Follow College Avenue approximately 1 mile to the Alfond Arena on your left. Turn left just after the Alfond Arena to enter campus. A large campus map/directory is located on your right at the top of a small incline after entering the Campus.

Guest/Visitor Lots or Commuter (Black) Parking Lots.

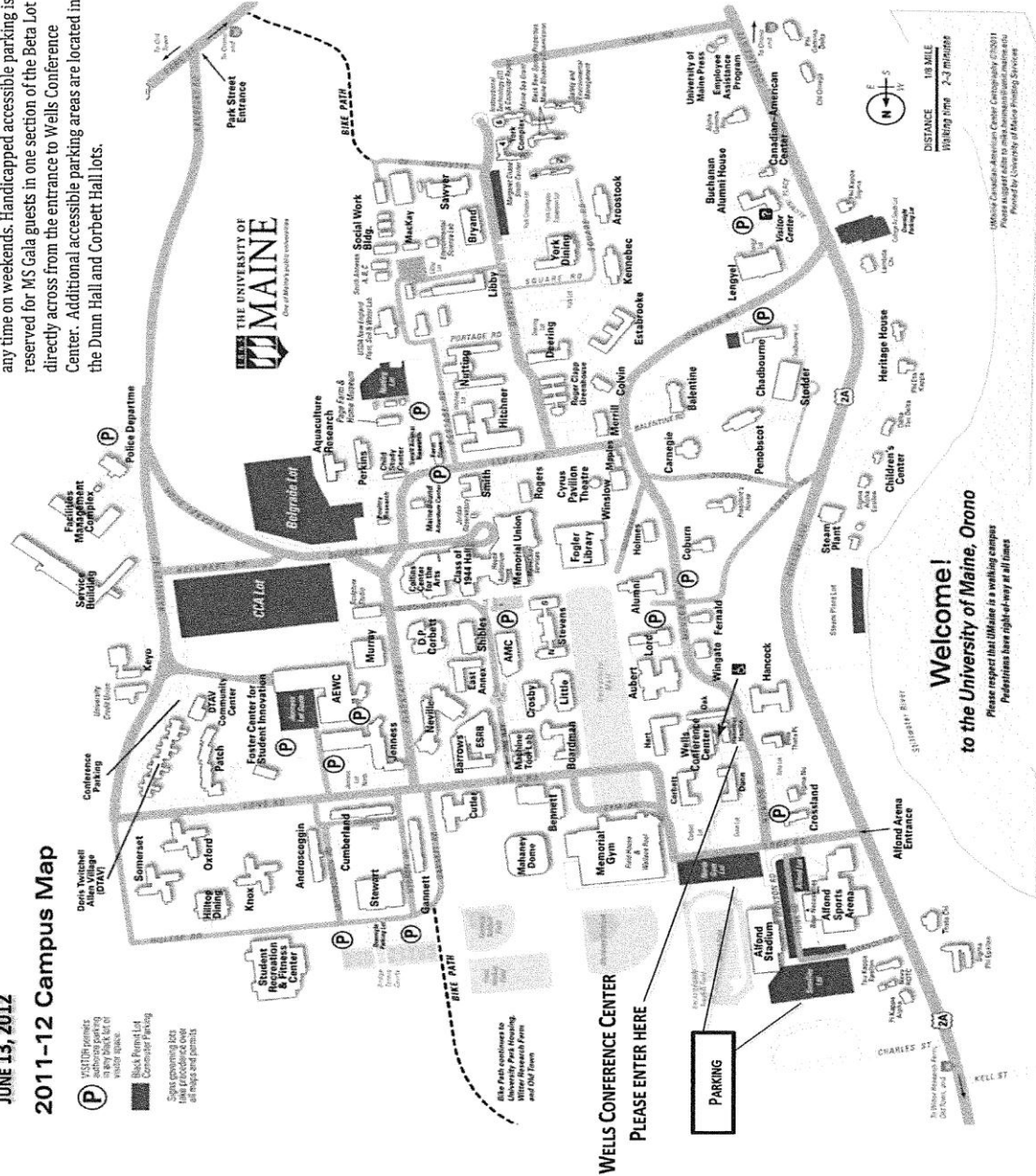
JUNE 13, 2012

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Black Permit Lot
Commuter Parking

Says governing jets
take precedence over
all maps and permits

Guests may park in any lot after 4:30 PM on weekdays and any time on weekends. Handicapped accessible parking is reserved for MS Gala guests in one section of the Beta Lot directly across from the entrance to Wells Conference Center. Additional accessible parking areas are located in the Dunn Hall and Corbett Hall lots.





CHILD WELFARE CONFERENCE VISITOR PARKING PERMIT

Valid: 1 day only

Guest/Visitor Lots or Commuter (Black) Parking Lots

Date of Visit: June 13, 2012

Parking in fire-lane, handicap, loading-zone, non-paved areas, or service vehicle areas (except when authorized)

is expressly prohibited; vehicles in violation will be cited and removed at owner's expense. Failure to display a parking permit during the entire conference will result in the vehicle being ticketed and possibly towed.

Parking and Transportation Services

523 Doris Twitchell Allen Village, Community Center

Telephone: 581.4047

Please display on front right corner of dashboard



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