

14th CHRONIC ILLNESS AND DISABILITY CONFERENCE

Transition from Pediatric to Adult-based Care



Thursday, October 17–
Friday, October 18, 2013

Activity Director
Albert C. Hergenroeder, MD



MD Anderson Cancer Center
Mitchell Basic Sciences Research Building

6767 Bertner Avenue | Onstead Auditorium, 3rd Floor | Houston, TX 77030

Online registration for CONFERENCE only: BaylorCME.org/CME/1478

Returning for the Third Year!



Got Transition?
and
Health Care Transition
Research Consortium
RESEARCH SYMPOSIUM

Wednesday, October 16, 2013

7:30 AM - 5:00 PM

Online registration for RESEARCH DAY only: BaylorCME.org/CME/1478R

BCM

Baylor College of Medicine



Texas Children's Hospital®

 Baylor Business

Robbins Institute
for Health Policy & Leadership

CME Co-sponsored by Baylor College of Medicine and Texas Children's Hospital • Houston, Texas

Broadcast supported by the AUCD through HRSA grant #UA5MC11068.

PLANNING COMMITTEE

Albert C. Hergenroeder, MD – Activity Director

Rosemary Alexander | Cecily Betz, PhD, RN | Valerie F. Bowman, LMSW
Rebecca Carman, MSW | Marylee Dilling, MD | Scott Garner, MBA
Elaine Hime, BS | Rachel Jew | Aaron Loeb, MBA, MS, RN | Diane Murrell, LCSW
Rebecca J. Schultz, PhD, RN | Sylvia Sosa | Shelley Townsend, MSW
Sherry Vinson, MD | Chava White, LMSW-AP, CCM

ACTIVITY FACULTY

Michael Barr, MD, MBA, FACP

Senior Vice President
Division of Medical Practice
Professionalism and Quality (MPPQ)
American College of Physicians
Washington, DC

Cecily Betz, PhD, RN

Research Director
Director of Nursing Training
USC University Center for Excellence
in Developmental Disabilities
Children's Hospital Los Angeles
Los Angeles, California

Becky S. Birchmeier, RN, MS

Nursing Pediatric Clinical Nurse Specialist
Marshfield Clinic
Institute for Quality, Innovation
& Patient Safety
Eau Claire, Wisconsin

Angela H. Caughlin, LCSW

Transition Medicine Clinic
Baylor College of Medicine
Houston, Texas

Eileen Forlenza, BS

Motivational Speaker
Littleton, Colorado

Angelo Giardino, MD, PhD

Chief Medical Officer
Texas Children's Health Plan
Houston, Texas

Albert C. Hergenroeder, MD

Professor of Pediatrics
Baylor College of Medicine
Houston, Texas

Marisa E. Hilliard, PhD

Assistant Professor of Pediatrics
Baylor College of Medicine
Houston, Texas

Elaine Hime, BS

Program Director
Project Delivery of Chronic Care
(DOCC) Houston
Houston, Texas

Tamiko H. Kido, MD

Assistant Professor of Medicine
Baylor College of Medicine
Houston, Texas

Debra Lotstein, MD, MPH

Director, UCLA Medicine – Pediatrics
Transition Care Program
Los Angeles, California

Charles G. Macias, MD

Associate Professor of Pediatrics
Baylor College of Medicine
Houston, Texas

Professor Swaran P. Singh, MBBS, MD, DM, FRC Psych

Head of Division
Mental Health and Wellbeing
Warwick Medical School
The University of Warwick
Coventry, United Kingdom

Jamie Snow, MBA, CCLS

Assistant Director
Child Life and Social Work
Texas Children's Hospital
Houston, Texas

Dianne Stool, LCSW

Texas Children's Hospital
Medical-Legal Partnership
Houston, Texas

Beth Sufian, JD

Partner, Sufian and Passmano
Houston, Texas

L. Vance Taylor, MA

Principal, Catalyst Partners, LLC
Washington, DC

CONFERENCE OVERVIEW

Skill preparation and planning for healthcare transition for children and youth with special healthcare needs (CYSHCN) and their families is inadequate. Less than 50% of families nationwide indicate that their CYSHCN have received the services necessary to make appropriate transitions to adult healthcare, work, and independence. One of the major problems to receiving this care is the lack of a physician workforce trained in providing the services necessary to make the healthcare transition. This conference provides a state-of-the-art update on issues involved in healthcare transition for youth and young adults with chronic illness and disability and their families from pediatric to adult-based services.

Now in its 14th year, the conference brings together internationally, nationally, and locally recognized clinical, policy, legal, research, advocacy, and family experts. Addressing all aspects of transition planning, this conference strengthens the dialogue among healthcare professionals, policy experts, youth and young adults, and family members. For clinicians, the conference includes discussions applicable to both primary and specialty care practice and provides an interdisciplinary perspective on how teams can facilitate the important transition from pediatric to adult-based healthcare. For policy and advocacy experts, the conference provides updates on recent developments. For researchers, it updates recent findings. For parents, teens, and young adults, the conference offers an opportunity to hear practical medical, legal, and insurance information. For all audience members there will be a discussion of the legal issues involved in healthcare insurance during healthcare transition; as well as time to meet and talk with faculty, to exchange ideas among participants, and to share knowledge and insight about how best to plan for a successful transition to adulthood.

TARGET AUDIENCE

Physicians in internal medicine, family practice, pediatrics, psychiatry, and physiatry; other healthcare providers including, psychologists, social workers, nurses, dietitians, case managers, counselors, and public health officials; primary care providers; youth and young adults with chronic illness and their parents/guardians.

OBJECTIVES

At the conclusion of the conference, participants should be able to:

- Identify youth and young adults with special health care needs (YYASHCN) with conditions with high transition-related morbidity and mortality and develop an appropriate health care transition plan.
- Work with both YYASHCN and families to develop an individualized healthcare transition plan and encourage the patient to be an active participant in decision-making.
- Implement an electronic medical record-based tool to help facilitate the healthcare transition process from pediatric to adult-based care.
- Discuss the current state of healthcare transition in the US, including legal and financial issues.
- Advocate for the introduction of coursework in healthcare transition planning into medical school and residency curricula, as well as required rotations in adolescent medicine.

EDUCATIONAL METHODS

Lecture ■ Panel Discussion

EVALUATION

Evaluation by questionnaire will address program content, presentation, and possible bias.

ACCREDITATION/CREDIT DESIGNATION

Physicians

Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 13.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing

Earn up to 13.16 contact hours by attendance at this activity.

Texas Children's Hospital is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Social Work

Social Work continuing education units (12.5 hours, including 1.0 credits in ethics) for this conference have been approved by the Department of Case Management and Social Work at Texas Children's Hospital.

The presentation, *Legal Issues in Transition*, has been designated by Baylor College of Medicine for 1.0 credit of education in medical ethics and/or professional responsibility.

DISCLOSURE POLICY

In order to meet the requirements of the Accreditation Council for Continuing Medical Education it is the policy of Baylor College of Medicine that all individuals who are in a position to control the content of a CME activity (activity director, planning committee members, and faculty) disclose relevant financial relationships with commercial interests.

All identified conflicts of interest are managed to help ensure that the educational material is scientifically based, accurate, and objectively presented. Specific disclosure will be made to the participants prior to the educational activity.

FEE, REGISTRATION, AND CONFIRMATION INFORMATION

Refer to the registration form for the fee schedule. Your registration will be confirmed, but not processed until payment is received. If you have not received confirmation at least five business days before the activity start date, contact the Office of Continuing Medical Education (OCME) immediately.

A limited number of scholarships are available for CYSHCN and their parents/guardians. Please contact Valerie Bowman at TRACS@texaschildrens.org for complete details.

If you plan to register on-site, contact the OCME at least 24 hours in advance to confirm activity status and space availability. The OCME reserves the right to limit the number of participants in an activity and will not be responsible for any expenses incurred by an individual whose registration is not confirmed and for whom space is not available.

To register/pay online visit the activity website at BaylorCME.org/CME/1478 and follow the instructions.

CANCELLATION/REFUND POLICY

Requests for registration refunds must be in writing and received by the OCME at least 10 business days before the activity begins. The date the request is received by the OCME will be considered the cancellation date. Requests received after the refund deadline will not be processed. Cancellations are subject to a \$50 administrative fee deducted from the registration fee paid to cover guarantees and other expenses. Requests should be mailed to the OCME or faxed to 713.798.7955.

The OCME reserves the right to cancel activities, not less than 10 business days before the scheduled date, if extenuating circumstances make it necessary. Registrants will be notified at the contact number indicated on the registration form, followed by written notification. If an activity is cancelled, OCME's liability is limited to the registration fee paid. Note: If payment is made by check, a social security number is required to process the refund.

Agenda

THURSDAY ■ OCTOBER 17, 2013

- 7:00 AM Registration and Continental Breakfast
- 8:00 **Welcome and Announcements**
Albert C. Hergenroeder, MD
Interactive Presentation: Down Syndrome Association of Houston Pantomime Troupe
- 8:15 **The Current State of Health Care Transition in the U.S.**
Debra Lotstein, MD, MPH
- 9:15 **Health Care Transition Service Models and Providers' Attitudes Toward Health Care Transition**
Cecily Betz, PhD, RN
- 10:15 BREAK
- 10:30 **Implementing an EMR Based Transition Planning Tool in a Health System**
Becky S. Birchmeier, RN, MS
- 11:15 **Legal Issues in Transition**
Beth Sufian, JD
- 12:15 PM **BOXED LUNCH WITH FACULTY GROUPS** (*select one*):
Parent Advocacy—*Eileen Forlenza, BS*
Parents as Case Managers—*Elaine Hime, BS*
Health Care Transition in Tertiary Care Centers—*Debra Lotstein, MD, MPH*
Legal Issues—*Beth Sufian, JD*
Research in Health Care Transition—*Cecily Betz, PhD, RN*

BREAKOUT SESSION ONE

Preparing for and Delivering Transition Services

(Please choose one; sessions will repeat at 2:00 PM)

- 1:15 **Specific Medical Issues in Autism and Down Syndrome**
Tamiko H. Kido, MD
A Parent's Perspective on Successful Advocacy for Health Care Transition
Eileen Forlenza, BS
Health Care Transition: Nursing Science and Practice
Cecily Betz, PhD, RN
Health Care Transition Around the World
Swaran P. Singh, MBBS, MD, DM, FRCPsych
Medical Legal Partnership
Dianne Stool, LCSW and Jamie Snow, MBA, CCLS

BREAKOUT SESSION TWO

- 2:00 (*Repeat of Session One outlined above; please choose one*)
HCT Grants (HRSA D70 Grantees only)
Albert C. Hergenroeder, MD
- 2:45 BREAK
- 3:00 **Transition for Youth and Young Adults with Diabetes**
Marisa E. Hilliard, PhD
- 4:00 Evaluation/Adjourn

Agenda

FRIDAY ■ OCTOBER 18, 2013

- 7:00 AM Center for Health Care Transition Improvement Meeting
- 7:30 Registration and Continental Breakfast
- 8:00 **Announcements**
Albert C. Hergenroeder, MD
- 8:15 **Youth/Young Adults' Perspectives on Transition**
*Albert C. Hergenroeder, MD, Angela H. Caughlin, LCSW
and L. Vance Taylor, MA*
- 9:25 **Young Adult Perspective**
L. Vance Taylor, MA
- 10:15 BREAK
- 10:25 **Family Members' Perspectives on Transition**
Eileen Forlenza, BS
- 11:25 **Normal Young Adult Development and Chronic Illness**
Marisa E. Hilliard, PhD
- 12:15 PM LUNCH
- 1:00 **Health Care Transition: The Internal Medicine Perspective**
Michael Barr, MD, MBA, FACP
- 1:45 BREAK
- 2:00 **HRSA-funded "An Innovative Model for Facilitating Adult Services Through Transition (AIM FAST)" Update**
Albert C. Hergenroeder, MD
- 2:15 **Financial Aspects of Health Care Transition**
Angelo Giardino, MD, PhD
- 3:00 **Quality Improvement in Health Care Transition: Applying the Principles of Quality Improvement to Health Care Transition**
Charles G. Macias, MD
- 4:00 Closing Comments
- 4:15 Evaluation/Adjourn

Faculty, topics, program schedule, and credit are subject to change. Audio or videotaping is prohibited without written permission from the Activity Director and the OCME, Baylor College of Medicine, Houston, Texas.