# 7<sup>th</sup> Annual NH-ME LEND & DHMC Spring Conference Register Today!

## **Effects of Substance Abuse on Young Children**

#### **Invited Speakers & Topics:**

Nina Sand-Loud, MD, Dartmouth Hitchcock Medical Center

Neurodevelopmental Effects of in Utero Alcohol and Opiate Exposures – What we Know and What we Don't

Aimee Knorr, MD, Boston Children's Hospital

Caring for Newborns with Neonatal Abstinence Syndrome

Teri LaRock, MSW, LICSW & Cheri Bryer, Certified Recovery Coach, Dartmouth Hitchcock Medical Center Recognizing and Decreasing Stigma in Caring for Families

Erin Barnett, PhD, Dartmouth Trauma Interventions Research Center

Practical Strategies to De-escalate Children and Parents Experiencing Traumatic Stress

Friday, May 17, 2019

8:30am-4-pm Grappone Conference Center 70 Constitution Avenue, Concord, NH 03110

Providers from a variety of disciplines care for young children affected by substance misuse. Morning sessions will focus on neonatal abstinence syndrome and the neurodevelopmental effect of in utero alcohol and opiate exposure. Afternoon sessions will provide:

- 1. An engaging, brief overview of how to recognize and decrease stigma in care.
- 2. A session on the impact of childhood trauma and adversity on development.
- 3. Demonstration and role-play of practical strategies to help calm children (and adults) when they are escalated.

Facilitated discussions with the conference speakers will be held at the end of the AM and PM sessions.



### Learning Outcome(s)

At the conclusion of this learning activity, participants will be able to apply knowledge of neonatal abstinence syndrome and the neurodevelopmental effects of in-utero alcohol and opiate exposure in order to enhance strategies to de-escalate children and parents including de-stigmatizing overall approaches to care.

#### PLEASE JOIN US!

#### Registration

Registration is online and by credit card only. The registration fee is \$75.

To register, please visit the event website.

For registration questions, please email <a href="mailto:clpd.support@hitchcock.org">clpd.support@hitchcock.org</a> or call (603) 653-1234.

**Presented by:** This CME is sponsored by: BANDS (Behavioral and Neurodevelopmental Services) at DHMC; NH-ME LEND Program, Geisel School of Medicine at Dartmouth College; Connecticut LEND Program at UCONN Health; Eunice Kennedy Shriver LEND Program at University of Massachusetts Medical School; LEND Program at Boston Children's Hospital; Maine LEND at the University of New England; Rhode Island LEND at Rhode Island Hospital.

Accreditation: Dartmouth-Hitchcock is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Dartmouth-Hitchcock designates this live activity for a maximum of 5.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.