

Study Guide

Taking Charge: Stories of Success and Self-Determination

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1. In this article success is defined by four different people and in four different ways. Which definition can you most identify with? Is there something else you would add? (pages 1 and 2)
2. Ten people talked about setting goals and keeping their expectations high. Did you get any ideas from this about setting your own goals? How do you keep your expectations high? (pages 2 & 3)
3. What does “understanding your abilities and disabilities” have to do with self-determination? (page 3)
4. What does “self-advocacy” mean and how do people use it to achieve their goals? (pages 3 and 4)
5. How have you used technology to achieve your academic goals? Did you get any new ideas about how you would use it in the future?
6. Who is in your “support network?” Who do you think you will rely on for help when you are in college?

Self-Determination activity from Section 4 of the Increasing Access and Success in the STEM Disciplines – A Model for Supporting the Transition of High School Students with Disabilities into STEM-Related Postsecondary Education.