**Suggestions from Zach J.   
Skype Session with New Students (January 2014)**

* [Navigating College: A Handbook on Self Advocacy. (PDF)](https://autisticadvocacy.org/wp-content/uploads/2014/01/NavcollFinal.pdf) — A book Zach received and highly recommends.

Autistic Self Advocacy Network. (2012). *Navigating college: A handbook on self-advocacy* (PDF). Available online at https://autisticadvocacy.org/wp-content/uploads/2014/01/NavcollFinal.pdf

* [Nanda Home](http://www.nandahome.com/) — website with mobile alarm clock.

Nanda Home. (n.d.). Available online at http://www.nandahome.com/

* [Time Timer Watch](http://www.timetimer.com/store/category/11/watches) — Zach learned about the time timer and related products in the *Navigating College* book. He has a watch with a time timer face which he likes very much.

Time Timer LLC. (2014). *Watches*. Available online at http://www.timetimer.com/store/category/11/watches

* Zach (and maybe his school) use Learning Ally to obtain audiobooks. Zach has benefited a great deal from access to audiobooks.
* [Livescribe Smartpen](http://www.youtube.com/watch?v=J2q8_fR0lTI) — Zach has a Livescribe pen and finds it very useful.

Smartscribe [Bazerk Bazerk]. (2010, October 29). *Livescribe SmartPens all-in-one demo* [Video file]. Available online at http://www.youtube.com/watch?v=J2q8\_fR0lTI

* [Lumosity](http://www.lumosity.com/) — Zach has a subscription to Lumosity.com and he feels that playing the games on the site has helped improve his memory, focus and other skills. Check it out – from this link you can do an assessment and try out some of the games.

Human Cognition Project. (n.d.). *Lumosity*. Available online at <http://www.lumosity.com/>