



GROWING IDEAS

WHACK! SLAM! BANG! – Aggression Self-Reflection Guide and Documentation Sheet

What did you learn from reading the articles that you want to remember?

What questions do you still have?

How did the strategies you selected work when you tried them out in your program?

How could you change or revise these to make them work even better? Are there additional strategies related to aggressive behavior and supporting the development of alternative prosocial behavior you would like to try after reviewing the various recommended resources?

What are your next steps?

Document this professional development activity for your portfolio or professional development plan.



This professional development activity addresses the following standards of quality inclusive care and education practice (select all that apply):

Compliance History/Licensing Status

Learning Environment/DAP

Program Evaluation

Staffing & Professional Development

Administration/Policies & Procedures

Family Involvement

Community Resources

Authentic Assessment – Child Observations

Inclusive practices to address access, participation and support of children with disabilities and other special populations.

Health & Safety

Time to Complete (reviewing Virtual Toolkit materials and completing this form):

Document this professional development activity for your portfolio or professional development plan.

Date: _____ Completed by: _____



<http://www.ccids.umaine.edu/resources/ec-growingideas>

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